



Community Foot Specialists

Antibiotic Information Sheet

Antibiotics are medicines that are used to fight off bacterial infections. These medicines should be taken ONLY as directed. It is important to review your drug allergies and the medications you are taking with the doctor before starting antibiotics and other medications.

One of the more common side effects of antibiotic treatment is gastrointestinal discomfort. We recommend that you eat yogurt daily to help reduce the chance of stomach discomfort. Yogurt helps to replenish the normal bacteria found in the stomach and intestines. These normal bacteria can be affected by antibiotic therapy.

While you are taking antibiotics, you should not drink any alcoholic beverages.

It is important to complete the entire dose prescribed. Failure to do so can lead to your body developing a resistant strain of bacteria that will inhibit future antibiotic therapy.

Women who are taking oral contraceptives should be aware that antibiotics may interfere with the efficacy of their birth control pills. Therefore, a second form of birth control should be utilized while on an antibiotic regimen.